

# Summer Holiday Programme 2018

2943

Number of attendees



Female

1296



Male

1647



1088

Hours of activity



18

Different Physical Activity / Sports on offer



1110

5-7 year olds



1686

8-12 year olds



147

12+ year olds



187

Pupil Premium



54

Participants with disabilities



£43,894

Income



535

FAST cards issued

282

Attendees to date

## Kids have say on happy holidays

Hundreds of children enjoyed the council's activity hubs over summer and they have been speaking out about what they loved best about the accessible programme of sports, games, arts and crafts.



"You can meet new people and stay fit while having fun"

Amber-Louise Sammons, aged ten



"You get to do loads of new activities; it's good to come for a week if you're bored at home"

William Perry, aged eleven



"Please come to the hubs, they have got lots of equipment and you will have lots of fun"

Mason Sammons, aged eleven



"You get to do a lot of sports, and you make friends very quickly"

Sam Dwyer, aged nine.



"My favourite thing about hubs is playing sport, I love when we play football"

Harry Cartwright, aged twelve



"I love meeting new people at the hubs. You get to try new experiences, meet new people and play a lot of sport"

Emily Dwyer, aged thirteen



South Northamptonshire Council

Cherwell  
DISTRICT COUNCIL  
NORTH OXFORDSHIRE



# FAST Programme

## What is the FAST Programme?

The FAST programme is an exciting new programme based in targeted areas of Banbury launched in July aimed at making it easier and accessible for families to enjoy physical activity and sport together. The programme is funded for four years by a £215,000 grant from Sport England, working in partnership with OCC and Sanctuary Housing who both act as referral agencies for families and The Centre for Sustainable Healthcare who are evaluating the impact the programme has on families' activity levels.

The four targeted wards are - Neithrop, Ruscote, Hardwick and Grimsbury. The programme will help break down the barriers for families to access physical activities and positive opportunities in these areas by providing free physical activity opportunities throughout the year. In addition a FAST discount card that offers families in these wards heavily reduced offers throughout the year is on offer to families in these wards – An example of this was the summer offer where a 70% reduction in family swims at Wood Green



Leisure Centre was offered. Opportunities and offers will change and be available on the card all year. 550 families have already applied and received a FAST card.

The FAST programme will always offer:

- FREE 12 week programme in all of the schools in the targeted areas throughout the school year.
- FREE locally-based activity sessions in parks, leisure and community centres and settings
- FAST CARD family discounted membership.
- Resource packs and equipment to help families continue their favourite activities in their own time.
- Taster sessions and reduced membership fees at local sports clubs.
- Consultation with families to find out what they want.
- And much more!



## Holiday Hub

The Holiday Hubs is a programme designed to engage young people aged five to fifteen in a variety of different sport and physical activity opportunities during the school holidays. The Holidays Hubs are run at five venues across the Cherwell and South Northants Districts and offer both a short day, 8:45am to 3:00pm, and a long day, 8:45am to 5:00pm, to accommodate a range of childcare requirements and offer positive physical activity opportunities.

During each day the young people are supervised by a team of 40 enthusiastic and skilled leaders that deliver a range of fun sports and games. The young people also get the chance to work with a sport specific coach (18 different sports on offer) who deliver taster sessions designed to inspire them to pursue the sport



further in the future. Children who attend the holiday hubs are then made aware of the local clubs in the area and support and links are provided to continue their involvement if they wish.

In addition to the general public being able to book days on the holiday hubs at their on convenience online at prices £14.95 short day and £18.95 for a long day there are also special reductions in place to ensure children from low income families do not miss out. Working with schools a 33% reduction is offered to children who are on the pupil premium programme to help children access the holiday provision.

Summer 2018 figures can be found in infographic.